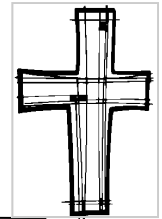


2022 Lenten Opportunities

at San Carlos Cathedral Parish



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Ash Wednesday, March 2nd
 7:30 am Mass
 9:00 am Ash Distribution Service
 10:30 am Mass
 12 noon Mass
 5:00 pm Bilingual Mass

Stations of the Cross
 Fridays During Lent @ 11:30am
 Led by Knights of Columbus

Adoration of the Blessed Sacrament
 Every Friday of Lent: 8:15 am-11:30 am

Added Weekday Mass
 Tuesdays during Lent
 12:15 pm in the Cathedral

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Young Adults (18-35 y/o)
 Wed., February 23rd at 6 pm
 Candlelight Mass in the Cathedral
 Wed., March 9th at 6 pm
 An Evening With Bishop Ryan
 Parish Hall

Mass For The Sick
 "Healing Mass"
 Wednesday, April 6 at
 7:00 pm

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Evening Prayer
 Join us to pray and sing Evening Prayer
 every Monday of Lent from
 7-7:30pm in the Cathedral
 March 7, 14, 21, 28
 April 4

Confessions During Lent
 Saturday, April 2nd at 10-11:30 am
 & Every Sunday 10:30-11:00 am
 Both inside the Cathedral

Chrism Mass
 Tuesday, April 12 at 11:00 am
 Madonna del Sasso Church, Salinas

Eco Stations of the Cross
 Led by Care for Creation
 The Last Friday of Lent
 April 8th at 4:30 pm
 Meet in front of the Cathedral

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Loaves & Fishes
 Food Pantry is open each Sunday
 1-3 pm
 All are welcome!
 Donations accepted each Sunday
 12:30-3 pm or place non-perishables inside
 the yellow bin near parish office, anytime.

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ICF Lenten Fish Dinners
 Fridays March 4-April 15
 at the Elk's Lodge
 150 Mar Vista Dr. Monterey
 Drive-through pick up 5:00-6:30 pm

RCIA Rite of Sending:
 Saturday, March 5th at the 9:00 am Mass
 RCIA Rite of Election:
 Sunday, March 6th at the 4:00 pm Mass
 with Bishop Garcia at
 St. Benedict Church in Hollister

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PRAYER

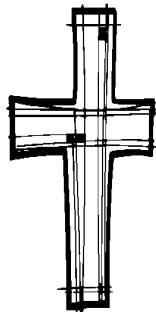
*"Remember that you are dust and to dust you shall return."
Repent and believe in the Gospel."*

"Recuerda que eres polvo y al polvo has de Volver. Conviértete y cree en el Evangelio."

During the Lenten Season San Carlos Cathedral Parish will offer several opportunities for growth, prayer, and reflection. Join your fellow parishioners at daily Mass, Monday Evening Prayer, Stations of the Cross, Penance Service, and almsgiving. Consider offering a Mass intention for those who are ill, for peace in our world, etc.

Corporal Acts of Mercy

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned
- Bury the dead



PENANCE

Spiritual Works of Mercy

- Counsel the doubtful
- Instruct the ignorant
- Admonish sinners
- Comfort the afflicted
- Forgive offenses
- Bear wrongs patiently
- Pray for the living and the dead

Synodal Prayer

We stand before You, Holy Spirit

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

ALMSGIVING

- * Bring Non-perishable food to Loaves & Fishes Food Pantry
- * Make up small care packages to keep in your car to hand out to people in need when you see them. Include personal items, snack foods, socks, etc.
- * Continue to tithe your offering to our San Carlos Parish Community